

## Join us for the next In Our Own Voice presentation!

In Our Own Voice is a unique public education presentation that offers insight into the hope and recovery possible for individuals living with mental illness. Trained individuals living with mental illness lead a brief, yet comprehensive and interactive, presentation about mental illness.

## **Presentation is FREE!**



Saturday, February 10, 2018, 9:00am-11:00am, In Our Own Voice-Mental Health Workshop

**Location:** Valley Presbyterian Church Campus, Fireside Room, <u>6947 E. McDonald</u> Dr., Paradise Valley, AZ US 85253

Coordinator: Tammy Milne | tammym@vpc.church

Please join VPC's Mental Health Ministry representatives for a light breakfast and presentation by Terry McDermott, Peer Program Coordinator from NAMI Valley of the Sun. Do you have a family member, friend, co-worker or acquaintance living with mental illness? Do you believe in the power of HOPE? Presenters will walk you through their journey to recovery.

For this particular In Our Own Voice presentation, please register by emailing or calling Tammy Milne at: <a href="mailto:Tammym@vpc.church">Tammym@vpc.church</a> 480-991-6424 ext. 163, by 12:00pm on Friday February 9, 2018

For all other In Our Own Voice related information, please contact NAMI Valley of the Sun Peer Program Coordinator, Terry McDermott at 602-759-8175 or <a href="mailto:t.mcdermott@namivalleyofthesun.org">t.mcdermott@namivalleyofthesun.org</a>

NAMI Valley of the Sun expresses a HUGE THANK YOU to Valley Presbyterian Church and their Mental Health Ministry!